



the **Hope &
Justice**
Category

Directing Change is an evaluated program that engages youth to learn about mental health, suicide prevention and other critical health and social justice topics through film and art.

www.DirectingChangeCA.org

Express Yourself!

Create a film, song, narrative or piece of art and submit for an opportunity to win prizes and recognitions.

Hope

What helps you get through tough times? What gives you hope?

Justice

Combat bias by increasing knowledge and encouraging actions young people can take to stand against injustice.

Check the website for special topic prompts and submission deadlines!